

WEEK 1

WEEK COMMENCING

CV - VEGETARIAN
 CVE - VEGAN

06/01/2025 27/01/2025 17/02/2025 10/03/2025 31/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Lemon & Herb Piri Piri Chicken with Spicy Rice

TUESDAY

Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread

WEDNESDAY

Honey Glazed Roast Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Creamy Chicken Korma with Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Piri Piri Quorn, Macho Peas and Spicy Rice (VE)

TUESDAY

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)

WEDNESDAY

Roasted Squash & Feta Pie, Seasonal Vegetables or Salad (V)

THURSDAY

Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetable (V)

FRIDAY

Crispy Onion Pakora Burger with Mango Chutney & Garden Peas (VE)

DESSERTS

MONDAY

Syrup Sponge with Vanilla sauce

TUESDAY

Apple Strudel & Custard

WEDNESDAY

Chocolate Sponge & Chocolate Sauce

THURSDAY

Pear & Cocoa Sponge

FRIDAY

Fruit, Jelly & Yoghurt Pots

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MONDAY

Buffalo Cauliflower Wings on Salt & Pepper Wedges (VE)

TUESDAY

Chicken Yakitori with Rice

WEDNESDAY

Loaded Potato Skins

THURSDAY

Garlic & Lemon Chicken Gyros

FRIDAY

NATURALLY

MONDAY

Pakistani Tarka Dhal (VE)

TUESDAY

Vegan Singapore Noodles (VE)

WEDNESDAY

Vegan Ramen Bowl (VE)

THURSDAY

The Big Plant Burger (VE)

FRIDAY

Garlic & Chilli Noodles (VE)

TRATTORIA



MONDAY

Tomato & Basil Pasta

TUESDAY

Pasta in a Cheese Sauce

WEDNESDAY

Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza

THURSDAY

Tomato & Basil Pasta

FRIDAY

Margherita Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.



WEEK 2

WEEK COMMENCING

🌱 - VEGETARIAN
🌱🌱 - VEGAN

13/01/2025 03/02/2025 24/02/2025 17/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Traditional Sausage & Mash with Onion Gravy

TUESDAY

Creamy Garlic Chicken & Mushroom Pasta with Garden salad

WEDNESDAY

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy

THURSDAY

Teriyaki Beef & Carrot Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Vegan Sausage & Mash with Onion Gravy (VE)

TUESDAY

No Waste Cauliflower Cheese Pasta Bake (V)

WEDNESDAY

Cheese, Leek and Potato Pie (V)

THURSDAY

Chinese Vegetable Stir-Fry (VE)

FRIDAY

Quorn 1/4 lb Burger with Ranch Slaw, Chips & Peas (V)

DESSERTS

MONDAY

Apple Pie & Custard

TUESDAY

Peach & Pineapple Crumble

WEDNESDAY

Sticky Lemon Sponge & Custard

THURSDAY

Baked Churros with Chocolate Sauce

FRIDAY

Fruit, Jelly & yoghurt Pots

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MONDAY

Teriyaki Chicken Wings with Chahan Rice

TUESDAY

Korean Fried Crispy Chicken

WEDNESDAY

Chipotle Chicken Chimichanga

THURSDAY

Mei Goreng Indonesian Fried Noodles

FRIDAY

NATURALLY

MONDAY

Reggae Reggae Jackfruit Curry (VE)

TUESDAY

Vegan Singapore Noodles (VE)

WEDNESDAY

Jerk Jackfruit Open Wrap (VE)

THURSDAY

The Big Plant Burger (VE)

FRIDAY

Garlic & Chilli Noodles (VE)

TRATTORIA



MONDAY

Tomato & Basil Pasta

TUESDAY

Creamy Pesto Pasta

WEDNESDAY

Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza

THURSDAY

Pasta in Cheese Sauce

FRIDAY

Margherita Pizza



WEEK 3

WEEK COMMENCING

20/01/2025 10/02/2025 03/03/2025 24/03/2025

CV - VEGETARIAN
CVD - VEGAN

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

TUESDAY

Beef & Tomato Ragout with Wholegrain Pasta & House Salad

WEDNESDAY

Roast Shoulder of Pork or Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Makhani Curry with Pilau Rice

FRIDAY

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

MONDAY

Asian Vegetable, Soya Bean & Noodle Stir Fry (VE)

TUESDAY

Plant Based Bolognaise with Wholegrain Pasta & House Salad (VE)

WEDNESDAY

Smashed Butternut Squash Mac and Cheese with Slaw and Garden Salad (V)

THURSDAY

Egg Plant Katsu Curry (V)

FRIDAY

Chickpea, Carrot & Sesame Burger, Asian Slaw, Chips & Peas (V)

DESSERTS

MONDAY

Banana Pudding and Custard

TUESDAY

Warm Blueberry Sponge

WEDNESDAY

Sticky Toffee Pudding with Caramel Sauce

THURSDAY

Apple & Mixed Berry Crumble with Vanilla Sauce

FRIDAY

Fruit, Jelly & Yoghurt Pots

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MONDAY

Loaded Mediterranean Street Cart Wedges

TUESDAY

Chicken Yakatori with Vegetable Rice

WEDNESDAY

Korean Fried Crispy Chicken

THURSDAY

Chinese Style Vegan Noodle (VE)

FRIDAY

NATURALLY

MONDAY

Fork Friendly Falafel Kebab (V)

TUESDAY

Vegan Singapore Noodles (V)

WEDNESDAY

Spiced Paneer & Red Onion Naan (V)

THURSDAY

Onion Bhaji Skewer with Bombay Potatoes (VE)

FRIDAY

Garlic & Chilli Noodles (VE)

TRATTORIA



MONDAY

Tomato & Basil Pasta

TUESDAY

Creamy Pesto Pasta

WEDNESDAY

Mozzarella & Tomato or Pepperoni Cheese & Tomato Pizza

THURSDAY

Pasta in Cheese Sauce

FRIDAY

Margherita Pizza



WEEK 1

Innovate

WEEK COMMENCING

06/01/2025 27/01/2025 17/02/2025 10/03/2025 31/03/2025

COLD DELI MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BLUE DOT ROLLS				
Cheese/Tuna Mayo R05717/R05587	Ham/Egg R05716/R05586	Chicken Mayo/Cheese R03901/R05601/R05717	Ham/Egg R05716/R05586	Cheese R05717
MALTED BLOOMER / WHITE SUB ROLL				
Ham and Cheese/Cheese & Tomato Sub R03873/R05574	Chicken & Sweetcorn Bloomer R06818/R07797	Chicken & Sweetcorn Sub R05720/R05900	Chicken Tikka Bloomer R10023/R10050	Cheese & Tomato Sub R05574
BAGUETTE - HALF & WHOLE				
Chicken Tikka R09202/R09206/R09202/ R09209	Just Ham R03893/R05756	Just Cheese R03891/R05752	Southern Fried Chicken with Sweet Chilli Mayo R02116/R07584/R07601/ R07602	Vegan BBQ Sausage R03890/R04625
Malted Tuna & Cucumber R09021/R09022	Vegan BBQ Sausage R03890/R04625	Malted Houmous & Pesto Roasted Veg R09046/R09471		Malted Tuna & Cucumber R09021/R09022
FILLED SELECTION				
Vegan Onion Bhaji Wrap R01755	Smoked Salmon & Cream Cheese Bagel R02137	Chicken Caesar Wrap R08544/R08547	Caprese Croissant/Ham & Cheese Croissant R09063/R07466	Vegan Falafel & Lime Slaw Wrap R09917
BASIC SALAD BOWL				
Tuna Salad R06702	Cheese Salad R06704	Roasted Vegetable Salad R10022	Chicken Salad R06713/R06714	Egg Salad R06711
PREMIUM SALAD BOWL/BAG				
Chicken Caesar Salad R09993/R09994	Vegan Korean Noodle Salad R07111	Vegetable Sushi R06012	Chipotle Roast Chickpea & Orzo Salad R09060	Chipotle Roast Chickpea & Orzo Salad R09060
PASTA POTS				
Vegan Tomato & Basil R09928	Tuna & Sweetcorn Pasta Salad R05743	Vegan Tomato & Basil R09928	Pesto Pasta Salad R05741	Vegan Tomato & Basil R09928

WEEK 2

Innovate

WEEK COMMENCING

13/01/2025 03/02/2025 24/02/2025 17/03/2025

COLD DELI MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BLUE DOT ROLLS				
Cheese/Tuna Mayo R05717/R05587	Ham/Egg R05716/R05586	Chicken Mayo/Cheese R03901/R05601/R05717	Ham/Egg R05716/R05586	Cheese R05717
MALTED BLOOMER / WHITE SUB ROLL				
Ham and Cheese/Cheese & Tomato Sub R03873/R05574	Chicken & Sweetcorn Bloomer R06818/R07797	Chicken & Sweetcorn Sub R05720/R05900	Chicken Tikka Bloomer R10023/R10050	Cheese & Tomato Sub R05574
BAGUETTE - HALF & WHOLE				
Chicken Tikka R09202/R09206/R09202/ R09209	Just Ham R03893/R05756	Just Cheese R03891/R05752	Southern Fried Chicken with Sweet Chilli Mayo R02116/R07584/R07601/ R07602	Vegan BBQ Sausage R03890/R04625
Malted Tuna & Cucumber R09021/R09022	Vegan BBQ Sausage R03890/R04625	Malted Houmous & Pesto Roasted Veg R09046/R09471		Malted Tuna & Cucumber R09021/R09022
FILLED SELECTION				
Vegan Onion Bhaji Wrap R01755	Smoked Salmon & Cream Cheese Bagel R02137	Chicken Caesar Wrap R08544/R08547	Caprese Croissant/Ham & Cheese Croissant R09063/R07466	Vegan Falafel & Lime Slaw Wrap R09917
BASIC SALAD BOWL				
Tuna Salad R06702	Cheese Salad R06704	Roasted Vegetable Salad R10022	Chicken Salad R06713/R06714	Egg Salad R06711
PREMIUM SALAD BOWL/BAG				
Chicken Caesar Salad R09993/R09994	Vegetable Sticks with Houmous R05448	Vegetable Sushi R06012	Gochujang Glazed Jackfruit Salad R09058	Gochujang Glazed Jackfruit Salad R09058
PASTA POTS				
Vegan Tomato & Basil R09928	Tuna & Sweetcorn Pasta Salad R05743	Vegan Tomato & Basil R09928	Pesto Pasta Salad R05741	Vegan Tomato & Basil R09928

WEEK 3

WEEK COMMENCING
20/01/2025 10/02/2025 03/03/2025 24/03/2025

COLD DELI MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BLUE DOT ROLLS				
Cheese/Tuna Mayo R05717/R05587	Ham/Egg R05716/R05586	Chicken Mayo/Cheese R03901/R05601/R05717	Ham/Egg R05716/R05586	Cheese R05717
MALTED BLOOMER / WHITE SUB ROLL				
Ham and Cheese/Cheese & Tomato Sub R03873/R05574	Chicken & Sweetcorn Bloomer R06818/R07797	Chicken & Sweetcorn Sub R05720/R05900	Chicken Tikka Bloomer R10023/R10050	Cheese & Tomato Sub R05574
BAGUETTE - HALF & WHOLE				
Chicken Tikka R09202/R09206/R09202/ R09209	Just Ham R03893/R05756	Just Cheese R03891/R05752	Southern Fried Chicken with Sweet Chilli Mayo R02116/R07584/R07601/ R07602	Vegan BBQ Sausage R03890/R04625
Malted Tuna & Cucumber R09021/R09022	Vegan BBQ Sausage R03890/R04625	Malted Houmous & Pesto Roasted Veg R09046/R09471		Malted Tuna & Cucumber R09021/R09022
FILLED SELECTION				
Vegan Onion Bhaji Wrap R01755	Smoked Salmon & Cream Cheese Bagel R02137	Chicken Caesar Wrap R08544/R08547	Caprese Croissant/Ham & Cheese Croissant R09063/R07466	Vegan Falafel & Lime Slaw Wrap R09917
BASIC SALAD BOWL				
Tuna Salad R06702	Cheese Salad R06704	Roasted Vegetable Salad R10022	Chicken Salad R06713/R06714	Egg Salad R06711
PREMIUM SALAD BOWL/BAG				
Chicken Caesar Salad R09993/R09994	Sushi Roll R05749	Vegetable Sushi R06012	Mushroom Gyoza and Wilted Slaw Bowl R05220	Mushroom Gyoza and Wilted Slaw Bowl R05220
PASTA POTS				
Vegan Tomato & Basil R09928	Tuna & Sweetcorn Pasta Salad R05743	Vegan Tomato & Basil R09928	Pesto Pasta Salad R05741	Vegan Tomato & Basil R09928

WEEK COMMENCING

06/01/2025 27/01/2025 17/02/2025 10/03/2025 31/03/2025

BREAK & LUNCH TIME HOT DELI

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
POWER BITES				
Jollof Rice R08965	French Bread Pizza R08804	Pasta with Cheese Sauce R08802	Hoisin Noodles R08835	Cheese & Tomato Nacho Melt R09084
SOUP				
Roasted Tomato & Basil Soup R02634	Leek & Potato Soup R09980	Tuscan Bean Soup R07525	Carrot & Coriander Soup R07735	Carrot & Coriander Soup R07735
OPEN HOT WRAP				
Crispy Chicken Ranch R10024/R10052	BBQ Crispy Chicken R10026/R10054	Super Charged Chilli Quorn Dipper R10040	Sweet Chilli Chicken R10029/R10053	BBQ Quorn Dipper R10036
FIRM FAVOURITES				
Margherita Twister and Ham & Cheese Twister R00104/R00102/R10063	Chicken & Wedges R07739/R07740	Ham & Cheese Toastie R01938/R05913	Southern Fried Chicken Burger R07744/R07743	Philly Hot Dog R10030/R10033/R10055
NATURALLY HOT				
Pakistani Tarka Dhal R09083	Vegan Singapore Noodles R05732	Vegan Ramen Bowl R09071	The Big Plant Burger R06220	Garlic & Chilli Noodles R10027
PIZZA & WINGS				
Margherita Pizza, Ham, Cheese & Tomato Pizza R07564/ R07565/ R07568 R01929 / R01933 / R01964	Southern Style Chicken Wings R09078/R09099	Margherita Pizza, Pepperoni, Cheese & Tomato Pizza R07564/ R07566/ R07569 R01929 / R01930/ R05906	BBQ Chicken Wings R01967/R07576	Margherita Pizza R07564/R01929
PANINIS				
Just Cheese R09136/R09137	Ham & cheese R08152/R09148/R09149/ R09150	BBQ Bean R5652/R09157	Chicken Tikka R09144/ R09146/R09145/R09147	Pizza Melt R09067/R09068

WEEK COMMENCING

06/01/2025 27/01/2025 17/02/2025 10/03/2025 31/03/2025

LUNCHTIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Lemon & Herb Piri Piri
Chicken with Spicy Rice
R10044/R10059

Classic Beef Lasagne,
Garden Salad &
Homemade Garlic Bread
R08954/R09112

Honey Glazed
Gammon/Lemon & thyme
Roast Chicken, Crisp
Roasties, Seasonal Veg
and Gravy
R08939/R09107

Creamy Chicken Korma
with Rice
R10017/R10018

Chip Shop "Fryday" Fish,
Pizza or Fishcake & Chips
with Peas and Tartare
Sauce.
R06316/R06317/R07677
/ R07674/R07679

MAIN COURSE VEGETARIAN

Piri Piri Quorn, Macho
Peas and Spicy Rice
R10041

Vegetable & Mixed Bean
Lasagne, Garden Salad &
Garlic Bread
R08957

Roasted Squash & Feta
Pie. Seasonal Veg or
Salad
R08962

Crunchy Topped
Macaroni Cheese, House
Salad or Seasonal Veg
R08968

Crispy Onion Pakora
Burger with Mango
Chutney & Garden Peas
R08900

DESSERT OF THE DAY

Syrup Sponge with
Vanilla Sauce
R05255

Apple Strudel & Custard
R08910

Chocolate Sponge &
Chocolate Sauce
R07484

Pear & Cocoa Sponge
R08902

Fruit, Jelly and Yogurt
Pots
Codes from Top 3 Lines
of Bakery Menu

STREET VIBES - LUNCH ONLY

Buffalo Cauliflower
Wings on Salt & Pepper
Wedges
R08072

Chicken Yakitori with
Rice
R08599/R08832

Loaded Potato Skins
R08606

Garlic & Lemon Chicken
Gyros
R08607/R08830

HOT PASTA POT - BREAK & LUNCH

Tomato & Basil Pasta Pot
R06279 / R06280

Pasta in Cheese sauce
R06286/R06287

Tomato & Basil Pasta Pot
R06279 / R06280

Creamy Pesto Pasta
R08997/ R08999

Tomato & Basil Pasta Pot
R06279 / R06280

WEEK 2

Innovate

WEEK COMMENCING

13/01/2025 03/02/2025 24/02/2025 17/03/2025

BREAK & LUNCH TIME HOT DELI

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
POWER BITES				
Indian Spiced Mushroom Rice R08554	Cheesy Garlic Ciabatta R08975	Tomato & Basil Pasta R08881	Sweet Chilli Noodles R08807	Cheese & Tomato Nacho Melt R09084
SOUP				
Roasted Tomato & Basil Soup R02634	Roast Butternut & Ginger Soup R10028	Mexican Red Pepper & Tomato Soup R06178	Thai Style Squash & Coconut Soup R07529	Thai Style Squash & Coconut Soup R07529
OPEN HOT WRAP				
Crispy Chicken Ranch R10024/R10052	BBQ Crispy Chicken R10026/R10054	Super Charged Chilli Quorn Dipper R10040	Sweet Chilli Chicken R10029/R10053	BBQ Quorn Dipper R10036
FIRM FAVOURITES				
Margherita and BBQ Southern Fried Chicken Twister R00104/R07747	Chicken & Wedges R07739	BBQ Pepperoni Bagel Stack R05740	Southern Fried Chicken Burger R07744	Tikka Burrito R10031/R10034
NATURALLY HOT				
Reggae Reggae Jackfruit Curry R09074	Vegan Singapore Noodles R05732	Jerk Jackfruit Open Wrap R09069	The Big Plant Burger R06220	Garlic & Chilli Noodles R10027
PIZZA & WINGS				
Margherita Pizza, Ham, Cheese & Tomato Pizza R07564/ R07565/ R07568 R01929 / R01933 / R01964	BBQ Chicken Wings R01967/R07576	Margherita Pizza, Pepperoni, Cheese & Tomato Pizza R07564/ R07566/ R07569 R01929 / R01930/ R05906	Cajun Chicken Wings R01962/R08546	Margherita Pizza R07564/R01929
PANINIS				
Just Cheese R09136/R09137	Ham & cheese R08152/R09148/R09149/ R09150	BBQ Bean R5652/R09157	Chicken Tikka R09144/ R09146/R09145/R09147	Pizza Melt R09067/R09068

WEEK COMMENCING
13/01/2025 03/02/2025 24/02/2025 17/03/2025

LUNCHTIME HOT DELI

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE				
Traditional Sausage & Mash with Onion Gravy R08904/R07555	Creamy Garlic Chicken & Mushroom Pasta, Garden Salad R08976/R09244	Roast Breast of Turkey , Crisp Roasties, Seasonal Veg and House Gravy R08937/R09109	Terriyaki Beef & Carrot Rice R10019/R10020	Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce. R06316/R06317/R07677 / R07674/R07679
MAIN COURSE VEGETARIAN				
Vegan Sausage & Mash with Onion Gravy R08906	No Waste Cauliflower Cheese Pasta Bake R10012	Cheese, Leek & Potato Pie R10016	Chinese Vegetable Stir-Fry R10014	Quorn 1/4lb'er with Ranch Slaw, Chips and Peas R10043
DESSERT OF THE DAY				
Apple Pie & Custard R07617	Peach & Pineapple Crumble R08913	Sticky Lemon Sponge & Custard R07620	Baked Churros with Chocolate Sauce R08076	Fruit, Jelly and Yogurt Pots Codes from Top 3 Lines of Bakery Menu
STREET VIBES - LUNCH ONLY				
Teriyaki Chicken Wings with Chahan Rice R02301/R09496	Korean Fried Crispy Chicken R08044/R08107	Chipotle Chicken Chimichanga R08598/R08991	Mei Goreng Indonesian Fried Noodles R08833	
HOT PASTA POT - BREAK & LUNCH				
Tomato & Basil Pasta Pot R06279 / R06280	Pasta in Cheese sauce R06286/R06287	Tomato & Basil Pasta Pot R06279 / R06280	Creamy Pesto Pasta R08997/ R08999	Tomato & Basil Pasta Pot R06279 / R06280

WEEK COMMENCING
20/01/2025 10/02/2025 03/03/2025 24/03/2025

BREAK & LUNCH TIME HOT DELI

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
POWER BITES				
Rice n Peas R08974	BBQ French Bread Pizza R09949	Pasta Arrabiatta R09097	Sesame Vegetable Noodles R08809	Nacho Pot R08834
SOUP				
Roasted Tomato & Basil Soup R02634	Caribbean Sweet Potato Soup R09065	Smoky Chilli & Tomato Soup R09066	Spiced Lentil & Sweet Potato Soup R09982	Spiced Lentil & Sweet Potato Soup R09982
OPEN HOT WRAP				
Crispy Chicken Ranch R10024/R10052	BBQ Crispy Chicken R10026/R10054	Super Charged Chilli Quorn Dipper R10040	Sweet Chilli Chicken R10029/R10053	BBQ Quorn Dipper R10036
FIRM FAVOURITES				
Margherita Twister and Ham & Cheese Twister R00104/R00102/R10063	Chicken & Wedges R07739/R07740	Bacon & Cheese Bagel/BBQ Turkey Ham & Cheese Bagel R05739/R09995	Southern Fried Chicken Burger R07744/R07743	New York Deli Hot Sub R10035/R10038/R10057
NATURALLY HOT				
Fork Friendly Falafel Kebab R09075	Vegan Singapore Noodles R05732	Spiced Paneer & Red Onion Naan R07694	Onion Bhaji Skewer with Bombay Potatoes R09073	Garlic & Chilli Noodles R10027
PIZZA & WINGS				
Margherita Pizza, Ham, Cheese & Tomato Pizza R07564/ R07565/ R07568 R01929 / R01933 / R01964	Cajun Chicken Wings R01962/R08546	Margherita Pizza, Pepperoni, Cheese & Tomato Pizza R07564/ R07566/ R07569 R01929 / R01930/ R05906	BBQ Chicken Wings R01967/R07576	Margherita Pizza R07564/R01929
PANINIS				
Just Cheese R09136/R09137	Ham & cheese R08152/R09148/R09149/ R09150	BBQ Bean R5652/R09157	Chicken Tikka R09144/ R09146/R09145/R09147	Pizza Melt R09067/R09068

WEEK COMMENCING

20/01/2025 10/02/2025 03/03/2025 24/03/2025

LUNCHTIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Kung Pao Chicken,
Wholegrain & White Egg
Fried Rice
R07611/R07649

Beef & Tomato Ragout
with Wholegrain Pasta
and House Salad
R08969/R09106

Roast Pork/Salt & Pepper
Roast Chicken, Crackling
, Crisp Roasties,
Seasonal Veg and Gravy
R08947/R09111

Chicken Makhani Curry
with Braised Pilau Rice
R08120/R08177

Chip Shop "Fryday" Fish,
Pizza or Fishcake & Chips
with Peas and Tartare
Sauce.
R06316/R06317/R07677
/ R07674/R07679

MAIN COURSE VEGETARIAN

Asian Vegetable, Soya
Bean & Noodle Stir Fry
R08950

Plant Based Bolognaise
with Wholegrain Pasta
and House Salad
R07261

Smashed Butternut
Squash Mac and Cheese
with Slaw & Garden Salad
R08135

Egg Plant Katsu Curry
R07266

Chickpea, Carrot &
Sesame Burger, Asian
Slaw, Chips & Peas
R10042

DESSERT OF THE DAY

Banana Pudding &
Custard
R10046

Warm Blueberry Sponge
R08923

Sticky Toffee Pudding,
Caramel Sauce
R09667

Apple & Mixed Berry
Crumble, Vanilla Sauce
R07615

Fruit, Jelly and Yogurt
Pots
Codes from Top 3 Lines
of Bakery Menu

STREET VIBES - LUNCH ONLY

Loaded Mediterranean
Street Cart Wedges
R08889

Chicken Yakatori with
Vegetable Rice
R08599/R08832

Korean Fried Crispy
Chicken
R08044/ R08107

Chinese Style Vegan
Noodles
R08058

HOT PASTA POT - BREAK & LUNCH

Tomato & Basil Pasta Pot
R06279 / R06280

Pasta in Cheese sauce
R06286/R06287

Tomato & Basil Pasta Pot
R06279 / R06280

Creamy Pesto Pasta
R08997/ R08999

Tomato & Basil Pasta Pot
R06279 / R06280

Weeks 1 - 3 - Repeats Weekly

FRUIT AND BAKERY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FRUIT BAR X | DAILY - 40Z POT

Watermelon, Grape, Pineapple or Fresh Fruit Salad – Choose from the PVR
R09403, R09406, R09404, R09405

JELLY POTS X | DAILY - 40Z POT

Forest Fruits, Orange, Strawberry or Raspberry – Choose from the PVR
R09401, R09397, R09400, R09898

YOGHURT POTS X | DAILY - 40Z POT

Strawberry or Vanilla Flavoured Yoghurt with a Choice of Toppings – Choose from the PVR
R09475, R09476, R09477, R09478, R09478, R09482, R09479, R09483

TRAYBAKES

Chocolate Brownie
R08558

Flapjack
R06020

Chocolate Brownie
R08558

Chocolate Crispy
R00021

Banana Bread
R08690

COOKIES & BISCUITS

Vanilla Cookie
R06017

Double Chocolate Chip
Cookie
R07208

Shortbread
R00011

Hobnob Biscuit
R02200

Double Chocolate Chip
Cookie
R07208

MUFFINS

Blueberry Muffin
R02184

Chocolate & Caramel
Cruffin
R08770

Victoria Sponge Muffin
R01372

Chocolate Muffin
R03970

Carrot Cake Muffin
R08688